

CREATIVITY SAVES ME

EMBLAZONED ON MY HEART, CREATIVITY SAVES ME.

It is the difference...

Between a good day and a bad one

Between the moments where life feels worthless or utterly filled

It is the spark that is infectious, that lights each person

Curiosity and fascination dancing across our faces

It fills the blank canvas - it takes emptiness and turns it into space.

CREATIVITY SAVES ME

It is the thing that makes you feel like you
That pulls you out of your hiding place
you no longer need to question whether
you are enough
It doesn't have rules, only possibilities
There is no way to fail.

CREATIVITY IS THE CONNECTION BETWEEN OUR IMAGINATIONS AND REALITY

**CREATIVITY
SAVES ME
CONNECTS US
CREATIVITY**

The train of ideas that makes each stop on the journey mean something

It makes us more than just individuals

It reminds us that the human condition is something we all share.

IT IS THE ANTIDOTE TO DEPRESSION, TO ANXIETY, TO FEAR

IT IS THE VACCINE FOR LONELINESS, SEPARATION, AND NOTHINGNESS

IT IS THE CURE FOR DESPONDENCY AND STAGNANCY

IT IS THE THING THAT SAVES US FROM WORRYING TOO MUCH THAT IT'S ALL GONE WRONG

FOREVER GIVING

ALWAYS BUILDING MOMENTUM

ALWAYS MOVING FORWARD

IT IS THE SPARK

IT IS LIFE

REPEAT IT OVER AND OVER AGAIN

MAKE IT YOUR MANTRA

BECAUSE IN IT LIVE BOTH PEACE AND JOY

THE CHANCE TO MOVE FROM DESPAIR TO LIFE

#CREATIVITY SAVES ME

#CREATIVITY SAVES ME

#CREATIVITY SAVES ME

It is at the very root of what it means to be human

We forget this at our own peril

We fit the mould when we yearn to break free

We rush through life when we desire to stand and stare longer

SO STAND AND SHOUT FROM THE ROOF TOPS

GRAFFITI YOUR NOTEBOOK, YOUR TABLE TOP, YOUR WALLS

TELL EVERYONE YOU SEE

GLITTER BOMB THE WORLD WITH LETTERS AND PICTURES THAT TELL THE WORLD

CREATIVITY SAVES ME